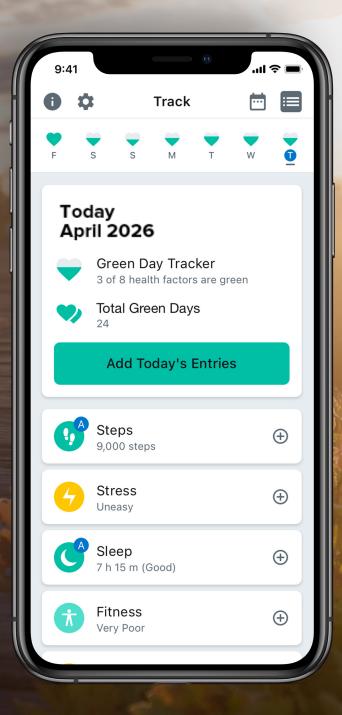


A good pair of walking shoes and a few minutes each day can boost your mood and improve your health. Let the Steps Challenge be your motivator to get at least 7,000 steps a day!

ALLENGE

Plus, earn 30 points towards the reward of your choice:

- \$150 Sharecare Rewards Visa® Prepaid Card OR
- 480 well-being incentive credits





## Sign up at BeWellSHBP.com/Step

Steps Challenges are offered in April and September 2026.

## Step

**Take** at least **7,000 steps for 21 days** during the month to meet the goal.

## **Track**

**Track your steps** and enter at least 21 days in your Sharecare account.

## Earn

Members who meet the challenge goal will earn **30 points.**