

# Make a Fast Break for Fitness

Things are heating up, but it's not too late to join the Jump Shot for Health steps challenge. Register today and aim to take 150,000 steps this month.

Learn more: [bewellshbp.com/jump-shot-for-health](https://bewellshbp.com/jump-shot-for-health)



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**JUMP  
SHOT**  
*for Health*

Anthem

SHBP  
State Health Benefit Plan

sharecare

BeWell  
SHBP



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