



Make a Fast Break for Fitness

Jump Shot for Health is heating up. Find your fast break and move your body to take at least 150,000 steps before the game's second quarter ends.

Q2: February 14 - March 14

Learn more at
bewellshbp.com/jump-shot-for-health



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The Game is Heating Up!

It's not too late to join the Jump Shot for Health steps challenge to benefit Georgia schools.

1. Log in to your Sharecare account or register today at **bewellshbp.com**
2. Navigate to Challenges and join the Jump Shot for Health steps challenge
3. Select the finalist school team you'd like to support with your steps
4. Sync your fitness tracker and log in weekly to ensure your steps are being tallied

Rally your team to the top of the leaderboard with every step. The winning school will get a basketball court refresh, while challenge participants with the highest step counts have the chance to win individual prizes.



Scan here to get started!

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