

## © sharecare BeWell



## WELL-BEING INCENTIVE CREDITS IN ACTION.

Depending on your selected health plan (either through Anthem or UnitedHealthcare), points redeemed for well-being incentive credits may work differently. However, all well-being incentive credits can be used to help offset eligible medical and pharmacy expenses.

## Here's how:

To check your

credit balance:

## Kaiser What plan option Permanente Medicare do you have? Anthem **HMO** Anthem HRA (Gold, Silver, Bronze) UnitedHealthcare **HMO** UnitedHealthcare HDHP **HMO** Advantage After manually redeeming MyIncentive Account Health Reimbursement Health Incentive Account (HIA) SHBP members and their your well-being Arrangement Account (HRA) covered spouses enrolled **Bonus:** Members and their covered spouses enrolled in an UnitedHealthcare incentive credits. in the Kaiser Permanente Plan Option can each earn up to a 240 well-being incentive credit match for Plan Option or Medicare they are deposited completing wellness requirements. Credits are added to your HIA once the points have been redeemed through the Sharecare Redemption Center. Advantage Plan Options are into your... not eligible to earn points When you use your benefits, When you use your benefits, any When you use your benefits, You first pay a portion\* of your How your you pay the provider/pharmacy funds that are owed to providers/ you pay the provider/pharmacy deductible to activate your ability well-being co-payment upfront just like you pharmacies will be automatically co-payment upfront. If you have to use your HIA credits. Once incentive credits normally would. Once the claim paid by Anthem out of your HRA HIA credits to cover all, or a that portion of your deductible work to offset first. You will not pay anything until has been paid, information is portion of the expense, has been met, when you use your eligible all of your available HRA credits sent to the MIA program. If you UnitedHealthcare will your benefits, any funds owed to out-of-pocket have MIA credits to cover all, or have been used. automatically send you a providers will be automatically expenses. a portion of the co-payment, reimbursement check (up to paid by UnitedHealthcare out of co-insurance or-deductible, amount of HIA credits available). your HIA (up to the amount of HIA credits available). For Anthem will mail you a For any **co-insurance or** reimbursement check (up to the deductible funds owed to **pharmacy**, you will pay upfront. amount of MIA credits available) providers/pharmacies, if you have If you have enough credits in along with a MIA summary. enough credits in your HIA to your HIA to cover all, or a portion cover all, or a portion of the of the expense, UnitedHealthcare expense, UnitedHealthcare will will automatically mail you a automatically mail you a reimbursement check (up to reimbursement check (up to amount of HIA credits available). amount of HIA credits available). \*Portion Breakout: You - \$1,400 You + Child(ren) - \$2.800 You + Spouse - \$2.800 You + Family - \$2,800

888-364-6352.

What you can earn:

Log in to: www.myuhc.com or call UnitedHealthcare Member Service at

2023

You and your covered spouse are each eligible to redeem up to 480 well-

actions are to be completed between January 1, 2023 and November 30,

being incentive credits — a family total of 960 credits. The wellness

PLEASE NOTE: It takes up to 30 days for well-being incentive credits to be reflected with your insurance. To ensure you have your well-being incentive credits, please redeem your points 30 days prior to visiting your doctor or purchasing your prescription. Well-being incentive credits cannot be applied retroactively to claims.

Log in to anthem.com/shbp and view your Spending Accounts page or

See your health plan documents for complete coverage details.

call Anthem Member Services at 855-641-4862.