

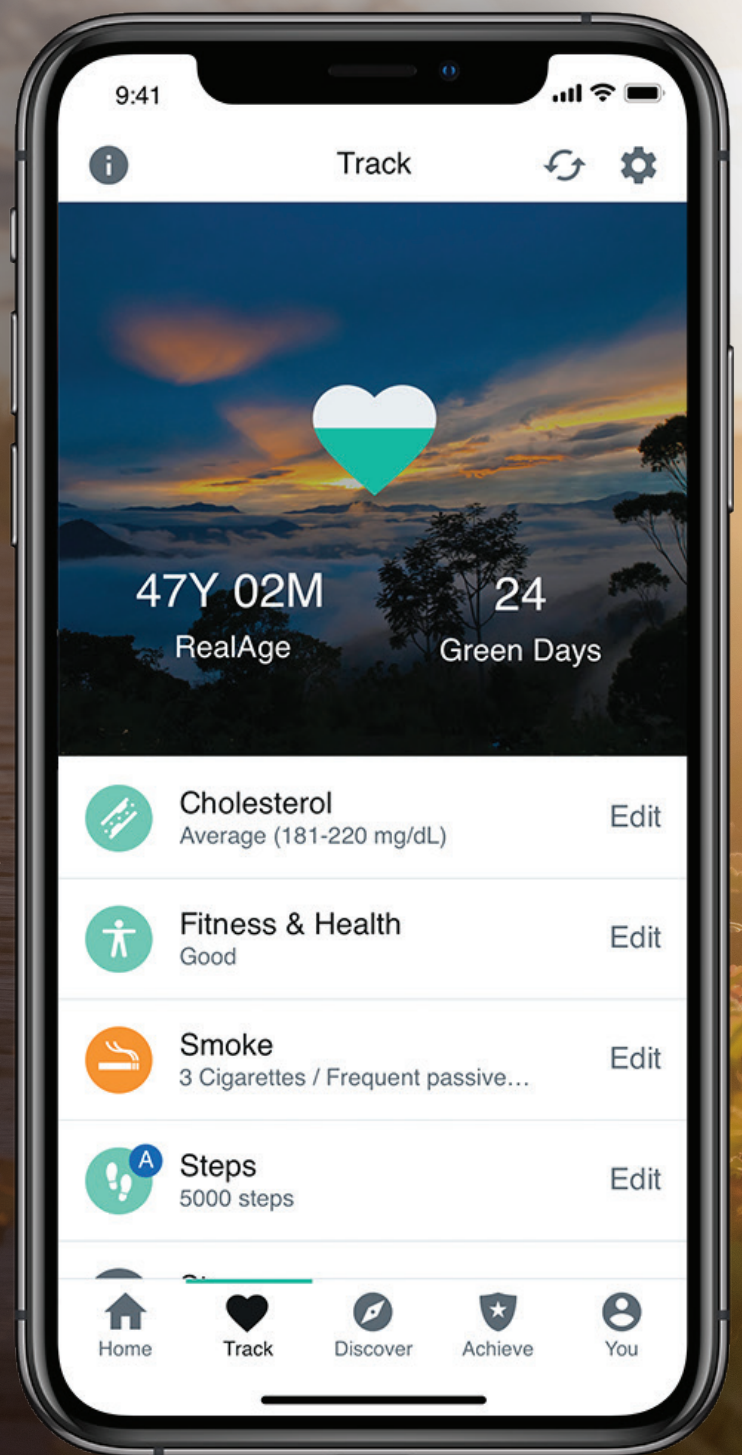


JOIN AN UPCOMING STEPS CHALLENGE

A good pair of walking shoes and a few minutes each day can boost your mood and improve your health. Let the Steps Challenge be your motivator to get at least 5,000 steps a day!

Plus, earn 120 well-being incentive points towards the reward of your choice:

- \$150 Visa Reward Card **OR**
- 480 well-being incentive credits



Sign up at BeWellSHBP.com/Step

5,000 Steps Challenge is offered in January, April, July, and October 2021.

Step

Take at least **5,000 steps** for **21 days** during the month to meet the goal.

Track

Track your steps and enter at least 21 of 30 days in your Sharecare account.

Earn

Members who meet the challenge goal will earn **120 well-being incentive points**.